

Relax, Respond

How are we to be relax in these times we live in, when so many things are going on in this world.

Here in the US people are losing there job, Losing there houses; People are dying from the swine flu, and so many other things that are effecting our very livelihood.

Children are going hungry in 3 world countries, Christian are dying for the faith and so much more.

How can I relax with all this going on?

I need to fix this!!

Matt 6: 27 (NIV)

27Who of you by worrying can add a single hour to his life^b?

But I can't even fix my on life, my own family, my work, my health.

Where can we turn?

Matt 6:25-34 (NIV)

[25](#)“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? [26](#)Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? [27](#)Who of you by worrying can add a single hour to his life^b?

[28](#)“And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. [29](#)Yet I tell you that not even Solomon in all his splendor was dressed like one of these. [30](#)If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? [31](#)So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ [32](#)For the pagans run after all these things, and your heavenly Father knows that you need them. [33](#)But seek first his kingdom and his righteousness, and all these things will be given to you as well.

[34](#)Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Matt 6:32 (Message)

What I'm trying to do here is to get you to relax, to not be so preoccupied with *getting*, so you can respond to God's *giving*.

The real problem here is that we have lost our focus.

We see with our eyes all the things that are going on around us and we say it is impossible to fix it and we turn our eyes away from God.

Matt 6:33 (Message)

People who don't know God and the way he works fuss over these things, but you know both God and how he works. Steep your life in God-reality, God-initiative, God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met.

The key here is to keep our eyes on God and be ready when He need you and you will have all your needs taken care of and you will see the glory of the Father working in and around you.

Though these others will see God in you and be encouraged to do the same. Then they will have hope as well and God can move on them as he has done with you.

BE A LIGHT, do not let this world quench your flame. Trust God.